



New York City Department of Education  
**The High School of Applied Communication**  
30-20 Thomson Avenue L.I.C., N.Y. 11101 (718) 389-3163 Fax: (718) 389-3427  
Michael Weinstein, Principal  
Amy DeMarco, Assistant Principal - Selina Yuen, Assistant Principal

Dear Freshmen,

Queens High School Complex (High School of Applied Communications, Academy of Finance and Enterprise, Bard High School) offers many different interscholastic sports:

Fall-

Girls Volleyball  
Girls Soccer  
Boys Cross Country  
Girls Cross Country  
Boys Soccer

Winter-

Boys Basketball  
Girls Basketball  
Wrestling (Boys & Girls)  
Girls Table Tennis  
Boys Table Tennis

Spring-

Girls Flag Football  
Boy's Track and Field  
Girl's Track and Field  
Girls Rugby  
Girls Softball

Enclosed, you will find a PSAL medical form (the only medical form accepted by QHSC and the PSAL) and a parental consent form. Both forms must be completed in order to participate in any PSAL or Non-PSAL sport. There will be no exceptions.

Tryouts and practices for girls volleyball, girls and boys cross country, and boys and girls soccer programs begin in mid/late August. If you are interested in further information regarding tryouts for these or any other sports, or if you have questions or would like to visit the school and meet the coaches, please email Mr. Golis, the Athletic Director for Queens High School Complex at [JGolis@schools.nyc.gov](mailto:JGolis@schools.nyc.gov), or call 718-389-3163 ext5625.

Thank you,

Mr. J. Golis